

# Parent Education

## Home Study for High School Students Distance Learning

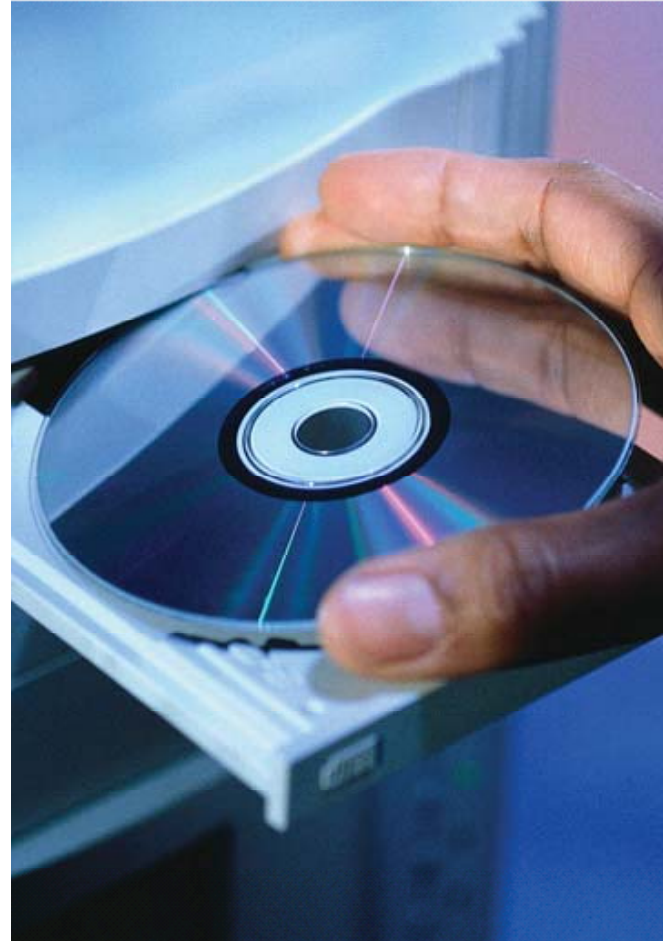
This home study program allows students to earn up to 15 high school elective credits in **Parent Education**. Students meet weekly with an instructor to review progress and collect new materials.

### **The Now and Future Parent (5 credits)**

This course presents to students the knowledge and skills necessary for effective parenting of young children. Instruction focuses on understanding and addressing the physical, emotional, social, and cognitive developmental needs of the young child through an exploration of the issues of health and safety, communication, discipline, self-esteem, stress, sibling rivalry, play, kindergarten readiness, responsibility, and values.

### **Parenting the Adolescent (10 credits)**

This course offers a comprehensive overview of the developmental needs of the adolescent and the challenges and rewards of parenting the teenager. It includes techniques for problem solving and suggestions for increasing parental rewards.



**Open enrollment.  
Join at any time.**

**Wednesday, Thursday & Friday, 3:15 - 6:15 pm**

## **Hamilton High School Campus**

*2955 S. Robertson Blvd., Los Angeles CA, 90034*



**Questions? Call (323) 370-1040 or (310) 280-1536**  
or go to our website at [westsideadultschool.org](http://westsideadultschool.org)

**Westside Community Adult School**

Division of Adult and Career Education • Los Angeles Unified School District